



## **The Grief Support Group**

The Grief Support Group was formed in 2015 for anyone who has suffered the loss of a family member, or a loss of a job, a pet or recently separated from a spouse which has impacted their daily living and how they relate to the world around them. If you have known such loss, whether it been recent or many years ago, please contact the church office if you would like to speak to someone regarding the Grief Support Group and share in the mutual support.